

Annual Planning Guide

What gets written gets done.

Thinking about the future 12 months...

Setting Aims & Goals

Reflect and develop aims & goals in these key categories: Work, Family, Friends, Health & Wellbeing, Spiritual.

1. As you look ahead at 2026, what are your *aims & Goals* in each category of Work, Family, Friends, Health & Wellbeing, Spiritual?

Work:

Aim: _____

Goal: _____

Family:

Aim: _____

Goal: _____

Friends:

Aim: _____

Goal: _____

Health & Wellbeing:

Aim: _____

Goal: _____

Spiritual:

Aim: _____

Goal: _____

Looking at your organization holistically...

What must your organization Stop doing?

What must it Start doing?

What must it Continue doing?

Looking at yourself professionally...

What must you Stop doing?

What must you Start doing?

What must you Continue doing?

Looking at yourself personally...

What must you Stop doing?

What must you Start doing?

What must you Continue doing?

How can you further help develop others?

How can you further develop yourself?

How can you live a healthier life?

How can you strengthen meaningful relationships at work and outside of work?

How can you further strengthen your brain?

It's 12 months from now. Looking back on the past 12 months, what made it the best year ever?
